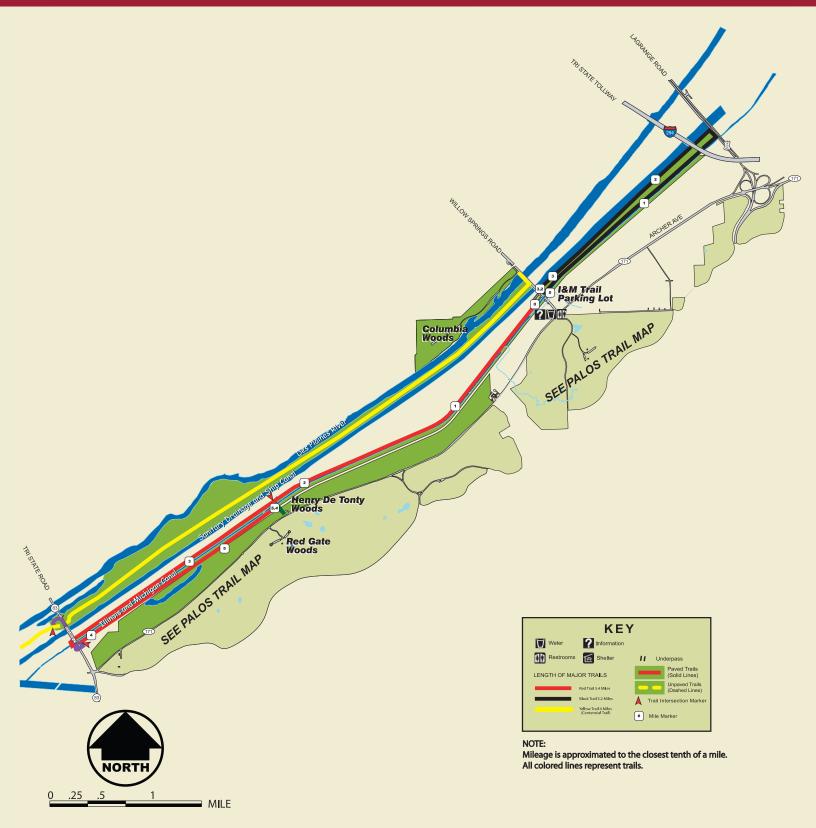
John Husar I&M Canal Bicycle Trail System





The Centennial and I & M Canal Trail is a Class I bicycle trail located in southwestern Cook County, Illinois. The paved bicycle trail is within the I & M Canal National Heritage Corridor, the first national park of its kind. The 8.9 mile trail consists of three sections; two (2) 3.3 mile loops and a 2.3 mile section that connects the two.

For those driving to the area, parking is available in the Forest Preserve District parking lot below Willow Springs Road.

Trail Rules

All Trails:

- 1. Trails are open from sunrise to sunset.
- 2. Motor vehicles prohibited.
- 3. RIDE/WALK ON THE **RIGHT** SIDE OF THE TRAIL.
- 4. Give warning before passing other trail users.
- 5. Obey all stop signs.
- 6. Speed training or racing is NOT PERMITTED. Violators will be ticketed.
- 7. Keep dogs leashed and in control.
- 8. Please do not litter. Pack out more than you pack in.
- 9. Helmets are required for all bicycle riders 14 years and younger (effective Jan. 1, 2005).
- 10. In case of an emergency call 911.

Paved Trails:

- 1. Stay in your own lane.
- 2. WALK all bicycles down overpasses where designated.

Unpaved Trails:

- 1. Bicyclists and equestrians must stay on the designated trail.
- 2. No off-trail riding.
- 3. Bicyclists must yield to hikers and equestrians.
- 4. Hikers must yield to equestrians.
- 5. Do not use trails when muddy.