

# John Husar I&M Canal Bicycle Trail System



**KEY**

	Water		Information
	Restrooms		Shelter
	Underpass		Paved Trails (Solid Lines)
	Unpaved Trails (Dashed Lines)		Trail Intersection Marker
	Mile Marker		

**LENGTH OF MAJOR TRAILS**

- Red Trail 5.4 Miles
- Black Trail 3.2 Miles
- Yellow Trail 4 Miles (Centennial Trail)

**NOTE:**  
Mileage is approximated to the closest tenth of a mile.  
All colored lines represent trails.

The Centennial and I & M Canal Trail is a Class I bicycle trail located in southwestern Cook County, Illinois. The paved bicycle trail is within the I & M Canal National Heritage Corridor, the first national park of its kind. The 8.9 mile trail consists of three sections; two (2) 3.3 mile loops and a 2.3 mile section that connects the two.

For those driving to the area, parking is available in the Forest Preserve District parking lot below Willow Springs Road.

## Trail Rules

### All Trails:

1. Trails are open from sunrise to sunset.
2. Motor vehicles prohibited.
3. **RIDE/WALK ON THE RIGHT SIDE OF THE TRAIL.**
4. Give warning before passing other trail users.
5. Obey all stop signs.
6. Speed training or racing is **NOT PERMITTED**. Violators will be ticketed.
7. Keep dogs leashed and in control.
8. Please do not litter. Pack out more than you pack in.
9. **Helmets are required for all bicycle riders 14 years and younger (effective Jan. 1, 2005).**
10. In case of an emergency - call 911.

### Paved Trails:

1. Stay in your own lane.
2. **WALK** all bicycles down overpasses where designated.

### Unpaved Trails:

1. Bicyclists and equestrians must stay on the designated trail.
2. No off-trail riding.
3. Bicyclists must yield to hikers and equestrians.
4. Hikers must yield to equestrians.
5. Do not use trails when muddy.